

Houston Women's Care Associates

Preoperative Instructions for In Office Surgery

- Arrange transportation to and from the office.
- Please arrange child care if needed. HWCA employees will not be able to care for children.
- Alert your Physician if you have been prescribed any new medications prior to the procedure.
- Be sure that your physician is aware of any over the counter medications or supplements that you are taking.
- Alert your Physician PRIOR to the date fo surgery if you are taking any blood thinners such as:
 - Coumadin, Warfarin, Heparin, Lovenox, Enoxaprin, Pradaxa, Plavix, Dipyridamole, Ticlid
- Do NOT take aspirin or aspirin containing products such as:
 - Salicylic acid, BC powders, Aspirin, Ecotrin, Bayer, St. Joseph for two weeks prior to the procedure.
 - You may take Tylenol during this time for minor pain.
- Alert your Physician if you think you may be pregnant.
- Do not have anything to eat or drink for 8 hours prior to your scheduled procedure.
- Wear loose fitting clothing. A top with a front closure is preferable.
- Please arrive at HWCA thirty minutes prior to the scheduled procedure.

For Questions please call: _____ at 713-795-_____

